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| **Session aims and objectives*** To introduce students to the idea that managing risk effectively is an important Graduate Attribute, relevant to their academic and non-academic lives
* To encourage students to reflect on and to articulate past risk management
* To encourage students to be enterprising – open to creating and harnessing opportunities
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| **Stage / Activity** | **Timings**(Total=45min) |
| **Setting the scene***Facilitator input/role** Brief introduction by PT
* Points to cover
* No certainties in life including in academic study / career / life
* Important to be able to anticipate and manage change, uncertainty, risk in a positive, informed manner as a student and a graduate – good if facilitator can provide examples from their own life
* All taken risks so far – decision to study (other options were open; also which subject), come to UoE (which university), gap year abroad, extreme sports, choice of outside subject/electives, balancing extra-curricular activities with study, speaking out when you could be criticised, choosing external projects (safe options or outside comfort zone), adopting a different style of exam preparation or note taking.
 | 5 mins |
| **Individual reflection***Student activity** Each student is asked to take a few moments to reflect individually to consider a situation where they took a risk. Consider what the risks were, what the outcomes were (positive and negative)
 | 5 mins |
| **Small-group discussion***Student activity** In pairs or groups of 3, each student takes it in turn to explore the following questions with their partner(s):
* what was the risk situation?
* how did they evaluate the options?
* what went well, what didn’t and why didn’t it go well?
* looking back, what might they do differently
* what did they learn from the process?

*Resources required** Note of discussion questions – e.g. hand-out, PowerPoint slide, or flip-chart
 | 20 mins |
| **Whole group feedback***Facilitator input/role** Facilitate feedback – from each group is overall number is small, or from a selection of participants if working with a larger group of students
 | 10 mins |
| **Why this matters! and looking forward…***Facilitator input** Synthesising key points from group discussion and relating back to students’ academic progress and performance, and to longer-term future development
* Effective students and graduates need to be able to evaluate and take risks, to take advantage of opportunities. You have all taken risks to some extent
* Successful personal and professional development will involve taking calculated risks
* You’ll need to be able to:
* research & evaluate options and to make critical judgements [Research & enquiry]
* be open to new ideas, methods and ways of thinking [Personal & Intellectual Autonomy]
* create and harness opportunities [Personal effectiveness]
* have the confidence to take personal responsibility for the decisions you make [Personal effectiveness]

*Note: The above each relate to different aspects of the University’s Graduate Attributes – the broad category is indicated in square brackets.**Supporting resources** If appropriate/needed, tutor can introduce resources to help in decision-making around managing risk, e.g. SWOT analyses, pros and cons lists, weighted pros and cons, force field analyses. [www.mindtools.com](http://www.mindtools.com) often has some good starting points.
 | 5 mins |